

THE WILSON STREET WORD

JULY 2023

NEWS

The Gloves (and masks) are off: In line with the latest recommendations clinicians are no longer wearing masks, except in the case of personal preference, and the same extends to patients. We are also reducing the use of PPE and gloves, which need only be worn for certain examinations.

Change to repeat prescriptions: We plan to change patients on 8 week prescriptions to 12 weeks. This will mean you need to order and collect your medication less frequently, saving some time! Please inform us if you do not wish to change this.

Junior Doctors Strikes are occurring from the 13th to 17th July. This includes our GP Trainees, some of whom may not be at work. Wilson Street Surgery supports the Junior Doctors, and we can assure you that services will be running as normal

Alcohol Awareness Week is on the 3rd to the 9th of July. Help and support is available from local services if you think you need to make a change. Read more [here!](#)

Talk To Us, the annual Samaritans Awareness Day, is on 24/7. Read more [here!](#)

HEATWAVE!

The Summer is finally here! And as we've already seen, this brings hot weather. For most people this is fun but heatwaves can cause health problems especially in vulnerable people. [Here's what you can do:](#)

Stay inside between 11 and 3, or in the shade. Wear a sun hat.

Drink cold drinks, have cool showers. Avoid alcohol and caffeine

Keep windows closed in the day, and open at night.

Use fans to circulate air

Keep an eye on vulnerable people, such as those with chronic conditions, the very old and young

Be aware of the [signs of heatstroke](#)

And, as [Baz Luhrmann](#) said, wear sunscreen!

STAFF SPOTLIGHT!

A semi-regular item about the staff at Wilson Street Surgery!

This month, we have Kayleigh, who is one of our dedicated secretary team. You might speak to her about medical reports and referrals to hospital.

Kayleigh says 'I undertake the office's typing and general secretarial work. I am a mother of two young children and a couple of fluffers. I like working at Wilson Street because despite the challenges we face as a practice we work as a team and support each other'

AND FINALLY...

If you've had a good experience, we'd really appreciate it if you could [review us on Google!](#)

If you've had a less good experience, you can leave a review as well but it's best to talk to us directly so see if we can solve it first!