

SOCIAL PRESCRIBING COFFEE MORNING

This could include but not limited to:

- Loneliness and isolation
- Mental health
- Community services
- Benefits
- Debt management
- Volunteering
- Housing

Social prescribing is a person centred approach focusing on what matters to you. We can support with signposting and accessing organisations and services that could benefit your current situation...

Where: Streatham Road
Community Room, Streatham
Road, Mackworth DE22 4AZ

When: The third Thursday of
every month

Time: 10:30- 11:30

Who: Anyone, just drop in



For more information contact Tim Joyce on
07460 935 742 or
email tim.joyce@communityactionderby.org.uk